



# STOCK YOUR PANTRY

THE PARKSIDE HOTEL & SPA

Your Vision, Artfully Catered

250.544.0200 [events@trufflescatering.net](mailto:events@trufflescatering.net) [trufflescatering.net](http://trufflescatering.net)

## Salads

### Sprouted Lentil Salad GF/VGN

Grilled radicchio and kale, baby frisse, puffed quinoa, toasted sunflower seeds, cucumber, tomato, fresh basil, roasted cashew vinaigrette . . . . . **\$10**

### Caesar Salad v

Romaine, croutons, parmesan cheese, Caesar dressing, crispy capers . . . . . **\$9**

### Gathered Greens GF/VGN

Top Soil Urban Farmed greens, shaved fennel, orange segments, sweet and salty pecans, radish, candy cane beets, champagne vinaigrette . . . . . **\$9**

*Add proteins to any salad (100g) . . . . . \$6*

Chicken GF/DF

Pan seared wild BC salmon GF/DF

Seared tofu GF/VGN

Grilled flank steak GF/DF

## Snacks

### Yogurt Parfaits

Greek yogurt, fresh Gobind Farms berries, caramelized white chocolate & almond granola . . . . . **\$4**

### Power Ball

Peanut butter, gluten free oats, semi sweet chocolate, dried fruit, ancient grains . . . . . **\$3**

### Overnight Oats GF/VGN

GF oats, maple syrup, banana, chia seeds, soy milk, topped with fresh blueberries and pumpkin seeds . . . . . **\$3**

### Root Vegetable Chips GF/DF/VGN

Yukon gold potato, yams, sweet potato, carrots, red and golden beets . . . . . **90g/bag - \$5**

### Charcuterie Grazing Box

Selection of cured meats, Island cheese, crisp vegetables, smoked paprika hummus, grapes, candied almonds, marinated olives, crackers . . . . . **\$12 per person**

## Sweets

Fresh Baked Cookies v . . . . . **\$2**

### Traditional Desserts c

May include; salted toffee, pecan chocolate chunk, black forest and coconut caramel squares, double chocolate brownies, lemon and nanaimo bars . . . . . **3pcs - \$4**

### Truffles Signature Brownie

Milk chocolate sour cream icing . . . . . **\$5**

### Gluten Free Options GF/V

Provided by Origin bakery; breakfast breads, dessert, cookie, granola bar . . . . . **\$4 each**

## Everyday Essentials

Milk 2% . . . . . **1L - \$3.50**

Coffee Cream . . . . . **1L - \$5.50**

Sugar . . . . . **250g - \$1**

Bagels . . . . . **6 Pack - \$6**

Multigrain Bread . . . . . **\$6**

Cream Cheese . . . . . **250g - \$2.50**

Butter . . . . . **250g - \$5.50**

Peanut Butter . . . . . **250g - \$3.25**

Strawberry Jam . . . . . **250g - \$2**

Island Free Run Eggs . . . . . **1/2 Dozen - \$4.50**

Apple . . . . . **\$1**

Orange . . . . . **\$1**

Carrot Sticks . . . . . **250g - \$2**

Trimmed Broccoli . . . . . **250g - \$2**

Aged White Cheddar . . . . . **250g - \$4**

Shaved Ham Or Roast Beef . . . . . **100g - \$5**

## Local Libations

### Beer & Cider

Phillips Blue Buck	6 Pack – \$18
Phillips Pilsner	6 Pack – \$18
Rock Creek Apple Cider	6 Pack – \$18
SeaCider	750ml Bottle – \$19

### White Wine

Mission Hill 2018 Estate Series Chardonnay	750ml Bottle – \$24
Mission Hill 2018 Estate Series Sauvignon Blanc	750ml Bottle – \$24
49 North White	750ml Bottle – \$18
Prospect 2018 Sauvignon Blanc	750ml Bottle – \$19
WineMakers Rosé.	750ml Bottle – \$18

### Red Wine

49 North Red	750ml Bottle – \$18
Prospect 2018 Merlot	750ml Bottle – \$19
Corcelettes 2017 Pinot Noir	750ml Bottle – \$35

### Bubbles

Perseus Star Struck Frizzante	750ml Bottle – \$25
Pergolo Prosecco	750ml Bottle – \$29

### Spirits

Ampersand Vodka	750ml Bottle – \$48
Empress Gin	750ml Bottle – \$58
Devine Honey Shine Silver	750ml Bottle – \$50

### Cocktail Kits

White Sangria: berries, white grape juice, and sprite with a bottle of white wine	\$22
Red Sangria: grapefruit, orange and lime coins, macerated cherries, orange juice and a bottle of red wine	\$25

## Beverages

### Soft Drinks (355 ML)

Coca Cola, Diet Coke, Sprite, Soda, Ginger Ale, Tonic, Fresca	\$1.25 each / 6 for \$6
--	-------------------------

### Juice (355 ML)

Orange, Apple	\$1.75 each
---------------	-------------

### Iced Tea (355 ML)

Nestea Lemon	\$1.75 each
--------------	-------------

### San Pellegrino (330 ML)

Blood Orange, Limonata, Aranciata, Orange	\$2 each
---	----------

### Coffee

Freshly Ground Fair Trade coffee by Level Ground	\$18 / 1lb bag
Freshly Ground Fair Trade decaffeinated coffee by Level Ground	\$18 / 1lb bag
Premium Metz Teas by Vancouver's Metropolitan Tea Company	\$9 / package of 10

- Alcohol must be ordered with a meal. Must be 19 years of age or older to order. Two pieces of identification will be checked at the time of delivery (one government issued photo ID).

- Orders made by 2pm (Monday to Friday) will be delivered the following day before 3pm. Minimum \$40 per order or a \$10 delivery fee will apply.
- Prices are subject to tax and a 10% operations Fee.