



ESTABLISHED 1990
truffles
INSPIRED CATERING

MENU

Complete Lunch and Dinner Entrées

UPDATED WITH NEW ITEMS WEEKLY

- Phone lines are open 9:30 am–3:30 pm, Monday–Friday.
- Orders made by 2 pm will be delivered the next day (Monday through Saturday) between 1-7 pm, based on availability.
- There will be a delivery fee of \$10 for orders below \$40. Any order above \$40 will have the delivery fee waived.
- All delivery orders must be made by phone and paid for in advance.
- All meals are ready-to-heat and come with instructions on how to do so

From Our Kitchen to Yours

Doorstep delivery, ready to heat with instructions

Vegetarian & Vegan Selections

Mushroom Linguine Alfredo

VEGETARIAN, FREEZER FRIENDLY

Roast garlic cream sauce, sautéed mushrooms, fresh parmesan, herb-garlic toasted baguette . . . **\$7 per portion**

Add 5 Shrimp – \$4

Chana Masala

VEGAN, GLUTEN FREE (EXCEPT NAAN), FREEZER FRIENDLY

Chick peas, tofu, basmati rice, naan **\$7 per portion**

Grilled Vegetable Cannelloni

VEGETARIAN, FREEZER FRIENDLY

Ricotta, eggplant marinara, parmesan, herb-garlic toasted baguette **\$7 per portion**

Comfort Food

Meat Ball Sub

Ciabatta baguette, eggplant marinara, bocconcini **\$8.50 per portion**

Shepherd's Pie

FREEZER FRIENDLY

Classic whipped potato, ground beef, vegetables, and a three cheese crust **\$8 per portion**

Bean and Beef Burrito

FREEZER FRIENDLY

Shredded cheese, tomato salsa, sour cream **\$9 per portion**

Butter Chicken

GLUTEN FREE (EXCEPT NAAN), DAIRY FREE, FREEZER FRIENDLY

Basmati rice, peas, naan bread, mango chutney **\$8 per portion**

Spaghetti and Meat Balls

FREEZER FRIENDLY

Marinara, parmesan, garlic bread **\$7 per portion**

Night On The Town...At Home

Bouillabaisse

GLUTEN FREE, DAIRY FREE, FREEZER FRIENDLY

Smoked seafood, mussels, clams, confit potatoes, saffron, rouille, roast garlic baguette . . . **\$15 per portion**

Halibut, Dungeness and Prawns Oh My!

Crab tortellini, roast corn sauce, warm succotash salad, sautéed spinach **\$18 per portion**

Chicken Puttanesca

FREEZER FRIENDLY

Risotto cake, roast peppers, grilled zucchini, braised olives **\$12 per portion**

Grilled Flank Steak

Roast mushrooms, roast peppers, caramelized onions, confit potatoes, cambozola cream sauce **\$14 per portion**

Salads

FARM TO DOORSTEP FEATURE:

Peninsula Caprese Salad

GLUTEN FREE, VEGETARIAN

Sun Wing cherry tomatoes, basil pesto, marinated bocconcini, local rocket and organic greens, extra virgin olive oil and balsamic reduction **\$7 per portion**

Garden Salad

GLUTEN FREE, VEGETARIAN

Add to any dish **\$3 per portion**

Caesar Salad

VEGETARIAN

Add to any dish **\$3 per portion**

Sprouted Lentil Salad

GLUTEN FREE, VEGETARIAN

Grilled radicchio and kale, baby frisse, puffed quinoa, toasted sunflower seeds, cucumber, tomato, fresh basil, roasted cashew vinaigrette **\$7 per portion**

Grilled Chicken (3oz) **\$5**

Seared Tofu (3oz) **\$4**

Menu continues on next page...

All items are served in oven safe containers with heating instructions and have a suggested shelf life of 3 days.

Menu items are subject to availability. Prices are subject to tax and 10% Operations Fee.

Family Menu

BBQ Chicken Dinner (SERVES 4)

GLUTEN FREE, DAIRY FREE, FREEZER FRIENDLY

Whole roast chicken, warm potato salad,
grilled corn medallions,
house bbq sauce **\$45 per meal**

Pot Roast Dinner (SERVES 4)

GLUTEN FREE (EXCEPT GRAVY), DAIRY FREE, FREEZER FRIENDLY

Slow cooked alberta 'AAA' beef, braised potatoes,
root vegetables, gravy **\$45 per meal**

Apple Brined Pork Roast (SERVES 4)

GLUTEN FREE, FREEZER FRIENDLY

Seared and slow roasted, scalloped potatoes,
broccoli + sharp cheddar sauce,
spiced dried fruit chutney **\$45 per meal**

Soups

Roasted Butternut Squash

GLUTEN FREE, VEGAN, FREEZER FRIENDLY

Coconut milk, apple, ginger **\$10 per litre**

Cream of Mushroom Soup

VEGETARIAN, FREEZER FRIENDLY

Roasted wild mushrooms, fresh thyme,
brandy cream **\$10 per litre**

Desserts

Truffles Signature Brownie

FREEZER FRIENDLY

Milk chocolate sour cream icing **\$3 each**

Apple Crumble (SERVES 2)

Apples, cinnamon, brown sugar crumble **\$6 each**

Strawberry- Rhubarb Hand Pies

FREEZER FRIENDLY

Local rhubarb and first of the season strawberries,
whipped lemon mascarpone frosting **\$5 each**

Salted Caramel Tart

Bittersweet chocolate mousse,
caramel centre and chocolate truffle ganache . . **\$6 each**

Menu continues on next page...

SAFETY NOTE:

For your safety, delivery drivers will be taking extraordinary caution upon delivery during the COVID-19 pandemic. In addition to our already robust sanitization standards, our drivers will be sanitizing their hands and changing their disposable gloves between deliveries. Upon arrival, we will be phoning customers to notify them that their order has been left at the door (unless the order contains alcohol).

Local Libations

Beer & Cider

Phillips Blue Buck	6 Pack – \$18
Phillips Pilsner	6 Pack – \$18
Rock Creek Apple Cider	6 Pack – \$18
SeaCider	750ml Bottle – \$19

White Wine

Mission Hill 2018 Estate Series Chardonnay	750ml Bottle – \$24
Mission Hill 2018 Estate Series Sauvignon Blanc	750ml Bottle – \$24
49 North White	750ml Bottle – \$18
Prospect 2018 Sauvignon Blanc	750ml Bottle – \$19
WineMakers Rosé	750ml Bottle – \$18

Red Wine

49 North Red	750ml Bottle – \$18
Prospect 2018 Merlot	750ml Bottle – \$19
Corcelettes 2017 Pinot Noir	750ml Bottle – \$35

Bubbles

Perseus Star Struck Frizzante	750ml Bottle – \$25
Pergolo Prosecco	750ml Bottle – \$29

Spirits

Ampersand Vodka	750ml Bottle – \$48
Empress Gin	750ml Bottle – \$58
Devine Honey Shine Silver	750ml Bottle – \$50

Cocktail Kits

White Sangria: berries, white grape juice, and sprite with a bottle of white wine	\$22
Red Sangria: grapefruit, orange and lime coins, macerated cherries, orange juice and a bottle of red wine.	\$25

Must be 19 years of age or older to order.
Two pieces of identification will be checked
at the time of delivery (one government
issued photo ID)

Beverages

Soft Drinks (355 ML)

Coca Cola, Diet Coke, Sprite, Soda, Ginger Ale, Tonic, Fresca	\$1.25 each / 6 for \$6
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Juice (355 ML)

Orange, Apple	\$1.75 each
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Iced Tea (355 ML)

Nestea Lemon	\$1.75 each
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San Pellegrino (330 ML)

Blood Orange, Limonata, Aranciata, Orange . . .	\$2 each
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